



# Holiday Salads & Vegetables

Learn to make a Variety of Healthy and Colorful Holiday Salads and Vegetables

Wednesday, December 2, 2009

6:00 - 8:00 p.m.

or

Thursday, December 3, 2009

1:00 - 3:00 p.m.



To be held at: University of Illinois Extension  
4810 N. Sheridan Rd., Peoria, Illinois  
(Corner Glen & Sheridan - back building)

\$10.00 Registration Fee, Preregistration Required

Registration Deadline: Tuesday, December 1st

To register, return the form below (with payment) to:

University of Illinois Extension - Peoria

4810 N. Sheridan Rd., Peoria IL 61614



OR register online at: [web.extension.uiuc.edu/peoria](http://web.extension.uiuc.edu/peoria) and pay by credit card.

Registration confirmed on payment.

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*Holiday Salads & Vegetables* Wednesday, Dec. 2 & Thursday, Dec. 3, 2009  
Registration Deadline: Tuesday, December 1, 2009 \_\_\_\_\_ \$10.00 Fee Enclosed

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

I will attend (check one) :

Wednesday, Dec. 2 \_\_\_\_\_ 6:00-8:00 p.m.

Thursday, Dec. 3 \_\_\_\_\_ 1:00-3:00 p.m.



University of Illinois Extension - Peoria  
4810 N. Sheridan Road Peoria, Illinois 61614  
(309)685-3140 ext 16 Fax: (309)685-3397  
[www.extension.uiuc.edu/peoria](http://www.extension.uiuc.edu/peoria)



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University of Illinois Extension provides equal opportunities in programs and employment.

Food Stamp Nutrition Education is funded by Food Stamps Administrative funds by the Food & Nutrition Service of the U. S. Department of Agriculture.  
If you need a reasonable accommodation to participate in this program please contact our office ahead of time.

The Food Stamp Program helps end hunger and provides healthy food for low-income families. To find out more about your benefits contact your local office:  
Family Community Resource Center, Food Stamp Office, 2301 NE Adams - Peoria, Illinois 61603 Phone: (309)686-8700