



Let's Talk Turkey

How to Have a Special Holiday Meal

Come learn how to buy, thaw, cook and serve a holiday turkey.

Learn creative ways to use leftover turkey.

Also, learn how to prepare other holiday foods.

Tuesday, November 17, 2009

1:00 - 3:00 p.m.

or

Thursday, November 19, 2009

6:00 - 8:00 p.m.

Lots of Recipes!
Free Taste Samples!

To be held at: University of Illinois Extension
4810 N. Sheridan Rd., Peoria, Illinois
(Corner Glen & Sheridan - back building)

\$10.00 Registration Fee, Preregistration Required
Registration Deadline: Monday, November 16th

To register, return the form below (with payment) to: University of Illinois Extension - Peoria
4810 N. Sheridan Rd.
Peoria IL 61614

OR register online at: web.extension.uiuc.edu/peoria.

To confirm your registration, phone 685-3140, Ext. 16. No Registrations will be accepted over the phone.

E- Let's Talk Turkey Workshop Tuesday, Nov. 17 & Thursday, Nov. 19, 2009

Registration Deadline: November 16th



Name _____ Phone _____

Email _____

Address _____

I will attend (check one)

Tuesday, Nov. 17 _____ 1:00 - 3:00 p.m.

Thursday, Nov. 19 _____ 6:00 - 8:00 p.m.



University of Illinois Extension - Peoria
4810 N. Sheridan Road Peoria, Illinois 61614
(309)685-3140 ext 16 Fax: (309)685-3397
www.extension.uiuc.edu/peoria



EFNEP
Expanded Food and Nutrition
Education Program

University of Illinois* United States Department of Agriculture* Local Extension Councils Cooperating
University of Illinois Extension provides equal opportunities in programs and employment.

Food Stamp Nutrition Education is funded by Food Stamps Administrative funds by the Food & Nutrition Service of the U. S. Department of Agriculture.
If you need a reasonable accommodation to participate in this program please contact our office ahead of time.

The Food Stamp Program helps end hunger and provides healthy food for low-income families. To find out more about your benefits contact your local office:
Family Community Resource Center, Food Stamp Office, 2301 NE Adams - Peoria, Illinois 61603 Phone: (309)686-8700