

# My 4-H Project Record

## Home & Family



McLean County

Name: \_\_\_\_\_

4-H Year: \_\_\_\_\_

4-H Club: \_\_\_\_\_

4-H Age: \_\_\_\_\_

Please circle the project(s) you are taking:

- |                      |                        |                       |                   |               |
|----------------------|------------------------|-----------------------|-------------------|---------------|
| Child<br>Development | Clothing &<br>Textiles | Consumer<br>Education | Entrepreneurship  | Fashion Revue |
| Family Relations     | Financial<br>Champions | Interior Design       | Intergenerational |               |

### Goals: *What do I want to do?*

#### Examples of Goals:

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|---|---|
| <input type="checkbox"/> Learn a new skill                          | <input type="checkbox"/> Complete a project                             |
| <input type="checkbox"/> Learn to spend (time, money, etc.) wisely  | <input type="checkbox"/> Take a project to the fair                     |
| <input type="checkbox"/> Learn how to care for others, young or old | <input type="checkbox"/> Explore careers in project                     |
| <input type="checkbox"/> Learn how to sew                           | <input type="checkbox"/> Talk to someone who works in this field        |
| <input type="checkbox"/> Talk or demonstration                      | <input type="checkbox"/> Learn how project area issues affect the world |

Add your own goals:

### What did I do in Home & Family?

#### Size & Growth

List how many items you made, or purchased, etc. Examples: sewed two garments and a bag; created a personal budget of \$1200; drew up plans for 3 room re-designs.

### What did I learn?

**Knowledge & Skills:** List what you learned this year related to your project area. Examples: how to follow a pattern; differences between 3 and 5 year olds; learned to protect my identity online.

I learned to:



### What did I learn? (Continued)

**Knowledge & Skills:** List challenges you encountered and memories you made, and what you learned from them for future 4-H story ideas.

**My memories:** Example memories: fun sewing with Grandma; babysitting with nephew; reasons why to paint with a roller instead of a brush.

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### Participation in Home & Family

List participation related to your project area(s). Examples: job shadowed with a banker, attended modeling workshop, certified in first aid.

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### Leadership in Home & Family

List activities in this project area only, where you led others; include the number of people you led. Examples: led workshop on fleece blankets (15); gave talk on clothing decisions at club meeting; taught workshop on credit.

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### Community Service in Home & Family

List activities that you participated in and where you helped others in your project area(s). Example: sewed 10 baby blankets and donated them to hospital; volunteered at local nursing home holiday party.

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