

# My 4-H Project Record

## Dairy



McLean County

Name: \_\_\_\_\_

4-H Year: \_\_\_\_\_

4-H Club: \_\_\_\_\_

4-H Age: \_\_\_\_\_

Please circle the project(s) you are taking:

Dairy Cows

Dairy Goats

Dairy Foods

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The National 4-H Dairy Conference is a special conference for 4-Hers to participate in.  
You must fill out the county/state record forms to be eligible to attend.

In order to attend the National 4-H Dairy Conference you must have taken any of the above project areas for at least three years.

### Goals: *What do I want to do?*

#### Examples of Goals:

\_\_\_\_ Learn a new skill

\_\_\_\_ Complete a project

\_\_\_\_ Learn more about project

\_\_\_\_ Take a project to the fair

\_\_\_\_ Learn about dairy animals

\_\_\_\_ Explore careers in project

\_\_\_\_ Learn more dairy foods

\_\_\_\_ Talk to someone who works in this field

\_\_\_\_ Talk or demonstration

\_\_\_\_ Learn how to care for other animals

Add your own goals:

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### What did I do in Dairy?

#### Size & Growth

List how many animals you own, manage or care for, how many hours you spend training your animal, items needed to care for project, and any income or expenses. Example: vet expenses for dairy cattle, \$450; 25 hours training goat; helped clean pens for goats (20 times); studied milk from farm to table.

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#### What did I learn?

**Knowledge & Skills:** List what you learned this year related to your project area. Examples: learned how to care for dairy animals: what to feed, water, medicate; trim hooves or claws safely; learned more about dairy products and how they are marketed.

I learned to:

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### What did I learn? (Continued)

**Knowledge & Skills:** List challenges you encountered, memories you made, and what you learned from them for future 4-H story ideas.

**My memories:** Example memories: training dairy goat to milk for first time; vaccinating animals regularly is important to prevent disease; I can taste the differences in fat in milk.

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### Participation in Dairy

List participation related to your project area(s). Examples: toured ice cream factory, attended workshop related to dairy judging, volunteered with breed association activities; state fair open food show.

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### Leadership in Dairy

List activities in this project area only, where you led others; include the number of people you led. Examples: taught pre-schoolers about dairy cattle and dairy products; served as president on breed association youth board; wrote letter to representatives supporting fresh dairy foods in public schools.

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### Community Service in Dairy

List activities that you participated in and where you helped others in your project area(s). Example: donated manure to local nursing home flower beds; took dairy goat to local nursing home for fair celebration; baked cheese cakes for church bake sale.

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