



4-H School Enrichment Programs

University of Illinois Extension, McLean County

A Job for Me!

A self-study program for high school students and adults who are seeking employment for the first time or who are re-entering the job market.

Recommended Grade Levels: 10th grade through adult

Appropriate length: 4 weeks depending on individual preference

Youth Objectives:

The book is arranged in sections that allow the user to work at his or her own pace, while being guided in developing skills to gain self confidence. Users practice a variety of skills from completing an application and writing a resume, to preparing to “sell” themselves during a job interview.

Cost: None

Teacher’s responsibilities:

Each user is his or her own teacher and should go through each section carefully and thoroughly. Working on one section per week is recommended.

For more information, contact:

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4-H is a youth development program of the University of Illinois Extension.

It is a non-formal education program for youth between the ages of 8 and 19. 4-H projects are offered to youth through community clubs, project clubs, and special interest groups, as enrichment to school curricula, and in the 4-H Afterschool program.

University of Illinois Extension provides equal opportunities in programs and employment.