



4-H School Enrichment Programs

University of Illinois Extension, McLean County

Dairy Delights

This kit contains lessons and materials that teach children how good nutrition comes from milk.

Recommended Grade Levels: K through 8th grade

Appropriate length: 4 – 8 weeks

Youth Objectives:

Youth will learn have the opportunity to explore through hands on activities the ways milk provides good nutrition.

Students will explore a variety of dairy products and their role in good nutrition.

Cost: None

Teacher's responsibilities:

Teachers will need to review lesson materials and plan for their use in their classroom. Teachers will need to return the kit and materials in a timely manner.

For more information, contact:

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School Program Coordinator

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4-H is a youth development program of the University of Illinois Extension.

It is a non-formal education program for youth between the ages of 8 and 19. 4-H projects are offered to youth through community clubs, project clubs, and special interest groups, as enrichment to school curricula, and in the 4-H Afterschool program.

University of Illinois Extension provides equal opportunities in programs and employment.