

It's Still Valuable

BEHAVIORS

self-concept, body image

PILLAR
Respect

MATERIALS
a dollar bill

OBJECTIVE

Your child will begin to understand your unconditional love.

Ages
4-12

Procedure

1. Show your child a dollar bill. Say, "This is a dollar bill. What is it worth?"
2. "If I crumple it up (crumple bill in hands) and make it all wrinkled, how much is it worth now? Is it still worth a dollar? What if I drop it and step on it and smear it in dirt? (Drop and step on bill.) Now is it still worth a dollar? If I take it to the store can I still buy the same things that I can with a new clean dollar bill? Why?"
3. You are like the dollar. You were created valuable. Your value is in who you are. What you look like on the outside does not make you more or less valuable. Your true value comes from within.
4. Ask:
 - Have you ever treated someone as more or less valuable because of the way they look?
 - Has anyone ever treated you as valuable or not because of your looks?
 - Can you think of people around you that you should treat as valuable even when they don't look good?



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