



Do I Really Know You?

Why take this quiz?

Family members assume they know each other well, but do they? When family members take the time to share what's going on in their lives, they learn a lot about each other. This activity is a fun way for your family to learn some new things about each other.

What do we need?

Sample quiz (below), paper, pens or pencils

How long will it take?

About an hour to take the quiz and discuss the results with your family

What do we do?

- ⊗ Download or print the "Do I Really Know You" quiz . Add your own questions if you like.
- ⊗ If you fit in the "parent" category, ask one of your children to take the quiz at the same time you do. If you are a child, ask your parent, stepparent or the adult who takes care of you to take the quiz with you.
- ⊗ Answer the questions on another sheet of paper as you think the other person would answer them.
- ⊗ Save your comments and comparisons until you've completely finished the quiz.
- ⊗ Compare and discuss your answers. How well do you know each other? Remember, this game doesn't have winners or losers, so there's no reason to try to fool each other. And it's definitely against the rules to tease or make fun of people of what they say.



Option: Use the same questions to discover how well you know your brothers and sisters or your spouse. Take the quiz twice right now and then again about a year from now after you completed many *Building Family Strengths* activities.

Do I Really Know You Quiz

Remember, answer these questions as you think the other person would answer them.

1. Who are your three best friends, in the right order?
2. What do you like to do in your spare time?
3. Name your favorite music group or recording artist.
4. What is your favorite song?
5. Name a famous person or character you would love to meet.
6. What accomplishments are you most proud of?
7. Who is the best teacher you ever had (including this year)?
8. Name something you do that really upsets the other person.
9. If you could buy something you really wanted, what would it be?
10. What chore do you dislike the most? Be specific.
11. Where would you like to go on vacation?
12. What has been your biggest disappointment this year?
13. What causes you the most stress?
14. Name one thing the other person really likes about you.
15. Name one thing the other person would like to do more often with you.
16. What is your favorite sports team, and who is your favorite player?
17. What one thing do you do that really helps you relax?
18. Name a food that you just can't stand.
19. What is your favorite family occasion?
20. Describe a time when a family member really surprised you.



Scoring

Surprise! This quiz doesn't have a score tally. That's because the only score that matters is the one you give yourself. It's up to you to decide what this little quiz means.

- ⊗ Remember, sometimes people can live in the same family without really knowing each other very well. That means it's time to start tuning into what's really important in each other's lives.
- ⊗ If you've discovered that you do know each other pretty well, chances are it's because you pay attention to each other. Keep up the good work!

Discuss the following questions with your family members after you've taken and scored the quiz.

What happened?

- ⊗ How much do you know about your parents, adult caregivers, foster parents, or guardians?
- ⊗ How much do they know about you?

What did you learn?

- ⊗ What new things did you learn about the person who took the quiz with you?
- ⊗ What did that person learn about you?

Why was this activity important?

- ⊗ Is it important to know these kinds of things about your family members? Why?

What's next?

- ⊗ How can you continue to learn about your family members? Will you have to work at it?

Source: "Do I Really Know You" Page 41-43, *Building Family Strengths*, University of Illinois Extension, 1995.