

Trustworthiness

Trustworthiness – worthy of trust, dependable, reliable

- Keep your promises
- Be honest
- Be a good friend.

Think of someone you trust.

- Why do you trust this person?
- Is this someone you want to be like?

Children, youth and adults all need someone they trust:

- Someone they can talk to about things that are important to them; everyday activities, accomplishments, plans or problems.
- Someone who does what they say they will do.

Sometimes secrets (trusts) are not kept, but revealed or a promise is not carried out. It is important to say, "I'm sorry," if you don't keep a trust and try to do better.

People who fail to be trustworthy and gossip about others don't have many real friends.

Talk about the importance of *trustworthiness* with your family.

"To bring your child up in the way he should go, travel that way yourself once in a while." --Josh Billings

Write the name or type of person you can trust. The names of people you'd like to be like and the names of your favorite foods that begin with the letter listed at the top of the column. For instance you may be able to trust "Tom" or a "teacher", you may like "tacos" and "tomatoes" and you may want to be like "Tomika" or like a "truck driver."

	T	R	U	S	T	W	O	R	T	H	I	N	E	S	S
Name of person you trust.															
Some of your favorite foods.															
Name of person you would like to be like.															

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