

Cass County Cass County



UNIVERSITY OF ILLINOIS
EXTENSION



4-H Newsletter

October 2009

IMPORTANT DATES:

Oct. 4-10

National 4-H Week

Oct. 8

4-H Federation Meeting

Oct. 11

4-H Awards Night

Oct. 23-24

Halloween Maze

*Look for more details
throughout this Newsletter!*

4-H Cookbooks

The IL. 4-H Foundation cookbooks are an accumulation of 50 years of 4-H food manuals full of wonderful recipes. They are available at the Extension office for \$15 each. They make great gifts for birthdays, wedding showers, Christmas, etc.!

4-H Awards Night

Sun., Oct. 11

5:30 p.m.

Fairway Hills Golf Course

Bring a side dish to share. Meat, beverages and table service will be provided.

Useful Websites:

Leader Resources

www.4-h.uiuc.edu/opps/leaders

4-H Project support online

www.4-h.uiuc.edu/projects/onlineref.html

Helping You Help Youth Series

www.4-h.uiuc.edu/opps/190501h.pdf

New Leader orientation website

www.urbanext.uiuc.edu/4horientation/index.html

FREE Halloween Maze



Oct. 23 & 24

Cass Co. Fairgrounds

5:00 p.m.—9:00 p.m.

Safe Trick-or-Treating in the maze

(Sponsored by local businesses)

Oct. 23

5:00 p.m.—7:00 p.m.

Join us for food-fun-fright

We need ghosts, goblins, and more...

Any 4-Hers 12 and older are invited to help us haunt our maze. Grab a costume and join us for a haunting good time! Please call the Extension office at 452-3211 if you are interested in helping out.

4-H Program Fee

Effective Sept. 1, 2009 , a 4-H program fee of \$20 will be charged to every 4-H member. This fee will be due to the Extension office no later than Dec. 15. There will be a discount for families with more than one member. The fee for members will be as follows:

1st child - \$20

2nd child - \$15

Remaining children - \$10 ea.

There will also be a **\$10 refund** given to every 4-H member that turns in their completed record book at the end of the 4-H year.

Please feel free to contact the Extension office if you have any questions.



Policy for 4-Her's in Cass County who CANNOT attend meetings

4-Her's who are enrolling in their first year of college are eligible for exemption from attendance at Cass County 4-H club meetings, if the following criteria are met:

College 4-H member must write, and sign a Letter of Intent to the Cass County Extension Council stating what college they are attending, including new address, major, and that they would appreciate exemption from meetings for the current year. Document must be received in Extension Office no later than January 1 (postmark) of the current 4-H year.

College 4-H member living at home that are currently working and not able to attend meetings, **MUST** make special arrangements directly with 4-H Staff at the Cass County Extension Office. Arrangements must be approved by the Cass County Extension Council. Absences for **High School** 4-Her's who work will not be excused from the 2/3 Meeting Rule Compliance unless specific arrangements are made with Cass 4-H Staff, club leader, and Council approval granted.

If 4-H member is a college commuter, still lives at a Cass County residence, and has no pre-approved exemption based on work schedule, the member is **NOT** eligible for exemption.

Once a member is approved for exemption, they will become an independent 4-H member, not bound to any club, unless they wish to be included in events sponsored by their former 4-H club. The member is personally responsible for letting that leader know they want to be involved.

4-Her's who live in more than one household due to family arrangements must follow these same guidelines. (Letter of Intent by January 1)

4-H Project Changes 2009-10

A listing of 4-H projects available can be found in the new Illinois Clover, pages 15-34. Your leader has these to distribute very soon. Please discard old versions of the Illinois Clover that you may still have. You can also view the Illinois Clover online at <http://www.4-h.uiuc.edu/projects/clover.pdf>.

New 4-H projects ...

4-H Cooking 301

Video/Filmmaking

Wind Energy

New publications ...

Bicycle

Horticulture/Vegetable Gardening

Leadership

Veterinary Science

Discontinued projects ...

Breads and Cereals

Dairy Foods

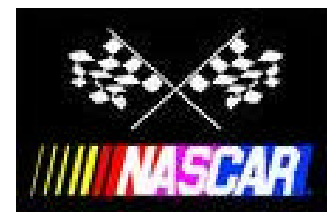
Fruits and Vegetables



National 4-H Week will take off with a speedy start on October 4, as the 4-H emblem makes its debut appearance in a NASCAR Sprint Cup Series race. The well-known national icon will be featured on the 'TV panel' of the No. 24 DuPont Chevrolet driven by Jeff Gordon at Kansas Speedway that day. The placement of the 4-H clover on the No. 24 Chevrolet was made possible through a generous donation by DuPont, sponsor of both the No. 24 team and of 4-H. Your club is invited to help publicize its activities and Cass County 4-H during National 4-H Week. We want the public to get involved in the 4-H Program, if they are not already!

The list of ideas for 4-H promotion could be endless. Here are a few:

- Put up a Window Display* or Bulletin Board.
- Design a poster to be put up in store windows, in support of 4-H.
- Invite a new person to join your club.
- Wear an article of clothing that has 4-H on it.
- Thank your leaders – send a thank you note; bake him/her some cookies.
- Talk to your local newspaper or radio station about a 4-H story, or take out an ad in the paper.
- Give a talk, demonstration, or skit to civic organizations about what 4-H has to offer.
- Plan a member recruitment drive for your club; distribute a flier about 4-H.





4-H Federation Meeting

What is Federation?

Federation is a group of 4-H members 12 and older who meet every other month to plan community activities, take tours, and field trips. Now is the time of year we would like each club to choose at least two Federation representatives. Having a Federation representative allows your club to know about upcoming activities as well as assure your club's interests are represented when planning activities.

If you are interested in becoming a member or just want to know more about it, please plan on attending the first 2009-10 4-H Federation meeting at the Cass Co. Extension office on Thurs., **Oct. 8 at 6:30 p.m.**

4-H is turning greener



The Extension office invites you to recycle gently used 4-H publications. If you have any publications that you will no longer be using please bring them to the Extension office to help us cut costs and reduce waste.

Please remember that before you request a 4-H manual, the office has a copy of each publication that you may check out or review.

National Science Day is Oct. 7

Cass office offers the following materials for science development:

- Biofuels Blast Kit
- Wind Energy Kit
- Dig In! - Soil investigations
- Acres of Adventures Publications

Other educational opportunities include:

The work of earthquakes, volcanoes and glaciers - www.urbanext.uiuc.edu/earth/

Learn all about weather - www.urbanext.illinois.edu/treehouse/

Discover all about rivers - www.urbanext.illinois.edu/rivers/

Exploring the secret life of trees - www.urbanext.illinois.edu/trees2/