

# Local Food System Reading List



- A Sand County Almanac** Aldo Leopold 1949
- The Unsettling of America** Wendell Berry 1977
- The Gift of Good Land** Wendell Berry 1981
- Altars of Unhewn Stone, Science and the Earth** Wes Jackson 1987
- Food, Energy and Society** D. Pimentel and M. Pimentel 1996
- Slow Food : The Case for Taste** (Arts and Traditions of the Table: Perspectives on Culinary History)  
Alice Waters & Carlo Petrini 2001
- Coming Home to Eat: The Pleasures and Politics of Local Foods** Gary Paul Nabhan 2002
- Fast Food Nation** Eric Schlosser 2002
- Food Politics** Marion Nestle 2002
- Small Wonders** Barbara Kingsolver [Includes a great essay on eating locally] 2002
- Local Flavors: Cooking and Eating from America's Farmers' Markets** Deborah Madison 2002
- Hope's Edge: The Next Diet for a Small Planet** Frances Moore Lappe & Anna Lappe 2002
- Bringing Change to the Table** S. Meyers and Institute for Community Resource Development 2003  
Illinois Food Security Summit
- Eat Here, Reclaiming Homegrown Pleasures in a Global Supermarket** Brian Halweil 2004
- Farm Folk City Folk: Stories, Tips and Recipes Celebrating Local Food for Food Lovers of All Stripes** Herb Barbolrt, Angela Murrills, Heather Pritchard, Michael Marrapese (Photographer)
- Harvest for Hope : A Guide to Mindful Eating** Jane Goodall, Gary McAvoy, Gail Hudson 2005
- The Omnivore's Dilemma: A Natural History of Four Meals** Michael Pollan 2006
- Animal, Vegetable, Miracle: A Year of Food Life** Barbara Kingsolver 2007
- Plenty: One Man, One Woman, and a Raucous Year of Eating Locally** Alisa Smith & J.B. MacKinnon 2007
- Remaking the North American Food System: Strategies for Sustainability** (Our Sustainable Future)  
C. Clare Hinrichs 2008
- Manifestos on the Future of Food and Seed** Vandana Shiva (Editor) 2007
- Everything I Want To Do Is Illegal: War Stories From the Local Food Front** Joel Salatin 2007
- Closing the Food Gap: Resetting the Table in the Land of Plenty** Mark Winne 2008
- In Defense of Food: An Eater's Manifesto** Michael Pollan 2008

This is by no means a complete list but these readings will provide lots of information.

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